

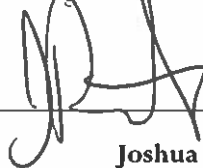


PROCLAMATION

TOWN OF VERMILION NATIONAL DEPRESSION SCREENING DAY OCTOBER 9, 2025

- WHEREAS,** Counselling Alberta is committed to providing affordable and professional counselling services that help build better lives for Albertans. Since 2005, National Depression Screening Day (NDSD) has raised community awareness by offering a free and anonymous online screening tool for depression; and,
- WHEREAS,** Depression is the most treatable mental health issue, early treatment promotes faster recovery and prevents long-term effects on individuals and their families; and,
- WHEREAS,** In 2024, of the 2,498 Albertans who participated in the NDSD online screening test, 63 per-cent were recommended to seek further evaluation; and,
- WHEREAS,** During the week of October 6-12, Albertans are encouraged to check in on their mental health and take the free online screening test at areyoufeelingok.com
- RESOLVED** I, JOSHUA RAYMENT, DEPUTY MAYOR OF VERMILION, DO HEREBY PROCLAIM OCTOBER 9, 2025 AS NATIONAL DEPRESSION SCREENING DAY IN VERMILION.

Signed this 24th day of June, 2025



Joshua Rayment
Deputy Mayor of the Town of Vermilion